

COMMUNITY RESOURCE GUIDE

Please note this guide does not serve as an endorsement or promotion of any specific organization and simply reflects currently available resources for those experiencing homelessness or are at risk of becoming homeless. Please reach out to slco.cocfunding@gmail.com or SLVCEndHomelessness@saltlakecounty.gov to add, update, or correct any resource in this guide. In doing so, please send the information in a similar format as below and all necessary information. Additionally, if you have any questions or concerns, contact us.

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ANIMAL/PET RESOURCES (FREE AND/OR LOW-COST ANIMAL ASSISTANCE AND SUPPLIES)

RUFF HAVEN CRISIS SHELTERING

Provides temporary safe haven for companion animals in order to keep pets and their people together in times of crisis, increase pet retention, and decrease the number of animals entering the shelter system.

- 1370 South 400 West, Salt Lake City
- Address: 801-251-6765
- Hours: Monday – Friday: 7am – 7pm & Saturday: 10am – 5pm
- Phone #: 801-665-0565 (texts preferred)

STREET DAWGS CREW OF UTAH

Street Dawg Crew of Utah is a nonprofit with a mission to serve the pets of the homeless and other low-income and vulnerable populations through providing free pet food and supplies, promoting positive and responsible pet ownership (including spay and neuter), and identifying and providing pet owners useful information on low-cost pet resources.

- Phone #: 801-671-7374
- Email: info@streetdawgcrew.com
- Website: www.streetdawgcrew.org

HUMANE SOCIETY OF UTAH

Can provide assistance with pet food, medical, or behavior services. Only offer help through their own facility.

- Phone #: 801-261-2919 (Front Office)
 - Extension 238 for vaccinations or email petresources@utahhumane.org
- Address: 4242 South 300 West, Murray
- Hours: Daily from 10am – 7pm

BEST FRIENDS FOOD PANTRY

Provide low-cost or no-cost pet food to the people and pets in the community. They also offer other pet food resources.

- Phone #: 801-261-2919 (Front Office)
- Hours: Daily from 12pm-6pm
- Address: 2005 S 1100 E
- Phone: 801-574-2454

TAILWINDS RENTAL ASSISTANCE

We provide monetary move-in assistance, primarily by covering pet deposits and pet fees, to housing-insecure pet owners seeking rental housing.

- Phone #: Andrea Schaefer 435-729-0879
- Can help with pet related move in costs
- Simple eligibility for housing in SL County, families working with caseworkers and have documented low income.
- Referral based only – contact your caseworker
- No upfront money needed – not a reimbursement program.

CLOTHING RESOURCES (FREE DONATED CLOTHING RESOURCES)

WEIGAND HOMELESS RESOURCE CENTER – CATHOLIC COMMUNITY SERVICES

Serves adults (ages 18+) experiencing homelessness and provides on-site resources: case management, vital document assistance, showers, laundry, computer lab, hygiene supplies, clothing, storage, DWS eligibility and employment, Utah Community Action, and justice court. Lunch and dinner served daily at St. Vincent de Paul Dining Hall located across the courtyard.

- Phone: 801-363-7710
- Clothing Room Hours: Tuesdays & Fridays, 7:15am – 10:15am
- Weigand Center open daily from 7am – 7pm. Closed on holidays
- 437 West 200 South, Salt Lake City, UT 84101 (shuttle drops off to this location daily)
- Website: <https://ccsutah.org/programs/item/g-weigand-resource-center>

SALT LAKE CITY MISSION

Provides food boxes and clothing three times a week.

- Phone: 801-355-6310 (Monday, Wednesday, and Fridays: 11am – 2pm)
- Address: 1151 South Redwood Rd, #106, Salt Lake City
- Website: <https://saltlakecitymission.org/services/program-services/food-pantry-clothing-room/>

CROSSROADS URBAN CENTER THRIFT STORE

Provides a thrift shopping experience for clients to get clothes, children's toys, and basic household items. Voucher required (provided by several organizations)

- Phone: 801-359-8837 (Tuesday-Saturday, 10am-6pm)
- Address: 1385 W Indiana Avenue
- Website: <https://www.crossroadsurbancenter.org/clothes.html>

JUNIOR LEAGUE OF SALT LAKE CITY

Women Helping Women give clothes to women entering the workforce. ID required, no men or children. All clients receive 9 complete outfits for the year.

- Phone: 801-328-1019 (Thursdays, 6pm-8pm; Saturdays, 1am-12pm)
- Address: 526 E 300 S
- Website: <https://www.jlslc.org/whw/>

SLC CENTRAL CHURCH OF THE NAZARENE

Food and clothing ministry on a first come first served basis.

- Phone: 801-328-0768 (Saturday, 10am-12pm)
- Address: 1076 W Indiana Ave.
- Website: <https://slccn.com/index.php/ministries/>

COMMUNITY SHELTERS & OUTREACH (SHELTERS, DAY CENTERS, GOODS AND SERVICES, OUTREACH CONTACTS)

Homeless Resource Center Intake at Gail Miller HRC, Geraldine E King HRC, Pamela Atkinson HRC will have bed assignments at 9:00 AM daily. There will be no more evening bed assignments.

OVERNIGHT SHELTERS

PAMELA ATKINSON MEN'S RESOURCE CENTER – THE ROAD HOME

Serves single adult men, trans men, and non-binary adults (ages 18+). Has resources on-site available to guests with an active bed reservation.

- Phone: 801-359-4142
- Address: 3380 South 1000 West, South Salt Lake, UT 84119 (shuttle drops off to this location daily)
- UCA Bed Intake Line: 801-990-9999
- Website: <https://theroadhome.org/resourcecenter/south-salt-lake-mens-resource-center/>

MIDVALE FAMILY RESOURCE CENTER – THE ROAD HOME

Serves families with children (anyone under 18) or anyone in their 3rd trimester. Provides on-site resources to guests with an active bed reservation. No pets allowed, only service animals (refer families with pets to Ruff Haven).

- Phone: 801-569-1201
- Address: 529 West 9th Avenue, Midvale, UT 84047
- UCA Bed Intake Line: 801-990-9999
- Website: <https://theroadhome.org/resourcecenter/midvale-family-resource-center/>

GERALDINE E. KING RESOURCE CENTER – VOLUNTEERS OF AMERICA, UTAH

Serves single adult women, trans women, and non-binary adults (ages 18+). Has resources on-site available to guests with an active bed reservation.

- Phone: 801-893-6678
- Address: 131 East 700 South, Salt Lake City, UT 84111 (shuttle drops off to this location daily)
- UCA Bed Intake Line: 801-990-9999
- Website: <https://www.voaut.org/wrc>

GAIL MILLER RESOURCE CENTER – THE ROAD HOME

Serves single adult men, women, trans men, trans women, and non-binary folks (ages 18+). Provides on-site resources to guests with an active bed reservation.

- Phone: 801-328-1894
- Address: 242 W. Paramount Ave., Salt Lake City, UT 84115
- UCA Bed Intake Line: 801-990-9999
- Website: <https://homelessutah.org/facilities/gail-miller-resource-center/>

YOUTH RESOURCE CENTER – VOLUNTEERS OF AMERICA, UTAH

Serves homeless and at-risk youth, ages 15-22. Operates as a day shelter from 8:30am – 7:30pm, and then as a 30-bed overnight shelter after 7:30pm. Provides three hot meals a day, food pantry, showers, laundry, life-skill groups, housing and employment case management, dental and medical care assistance, and on-site mental health services. Bed reservation not required to receive services – all homeless and at-risk youth are invited to access services from 8:30am – 7:30pm.

- Phone: 801-364-0744
- Address: 888 South 400 West, Salt Lake City, UT 84101
- Website: <https://www.voaut.org/>

RESCUE MISSION OF SALT LAKE

Serves adult men (ages 18+). Provides the following resources to shelter guests: hygiene, meals, clothing, food boxes, chapel services, and addiction recovery programs.

- Phone: 801-355-1302
 - Call 801-521-5929 for women and children's shelter
- 463 South 400 West, Salt Lake City, UT 84101 (shuttle drops off to this location daily)
- Website: <https://rescuesaltlake.org/>

LANTERN HOUSE (OGDEN)

Serves men, women, and families – pets welcome. Helps with housing, transportation, mental health, addiction recovery, employment, vital document assistance, basic need supplies, and three meals a day.

- Phone: 801-621-5036
- Address: 269 West 33rd Street, Ogden, UT 84401
- Website: <https://www.stannescenter.org/>

DISABILITY RESOURCES (WHEELCHAIR/MOBILITY EQUIPMENT, DSPD)

DEPARTMENT OF SERVICES FOR PEOPLE WITH DISABILITIES (DSPD)

DSPD serves children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism by providing an array of comprehensive services including housing and transportation. Individuals must apply for assistance.

- Speak with an intake worker: 1-844-275-3773
- Apply online: <https://dspd.utah.gov/>

DISABILITY LAW CENTER

The Disability Law Center enforces and advances the legal rights, opportunities, and choices of Utahns with disabilities. Free statewide service.

- Phone: 800-662-9080
- Website: <https://disabilitylawcenter.org/>

FAMILY PROMISE SALT LAKE

Provide emergency and preventative housing support for families, landlord mediation, interview and career training, food resources, and financial development.

- Phone: 801-961-8622 (Monday-Friday, 9am-4:30pm)
- Address: 814 W 800 S
- Website: <https://familypromisesaltlake.org/>

JAIL RESOURCE AND REENTRY PROGRAM (JRRP)

The Jail Resource and Reentry Program (JRRP) is a collaborative program between SLCO Criminal Justice Services, Sheriff's Department, Legal Defenders Association, and Valley Behavioral Health. The purpose of JRRP is to provide individualized resources and information for any individual leaving jail. Service referrals include mental health and substance use, Medicaid, supervision and legal services, cell phone chargers, and referrals for other community services.

- Phone: 385-414-2120 (Daily, 7am-11pm)
- Address: 145 E. 1300 S. Ste Suite 501

UNSHELTERED UTAH

Offer immediate needs of unsheltered residents of Utah and coordinate with existing social services to connect them with needed services and resources such as employment.

- Phone: 408-464-1351
- Website: <https://unshelteredutah.org/>

CHAT: COMMUNITY HEALTH ACCESS TEAM

Program with SLC fire department and social workers or case managers to talk with people about resources if they need support, especially after witnessing a traumatic event. Can be used to get resources for someone experiencing homelessness, SUD, or a mental health issue or concern. Not a substitute for 911 or other emergencies.

- Phone SLC Fire Dept: 801-799-4111
- Phone for CHAT team: 801-799-4113

LOVE'S TRAVEL STOP

Truck stop that has showers and laundry services.

- Phone: 801-239-1100 (24/7)
- Address: 25 N Redwood Road, SLC

UTAH HARM REDUCTION

Interventions to aid people in reducing health and social harms associated with substance use. Services include syringe exchange and outpatient treatment.

- Address: 91 E Fort Union Boulevard, Midvale Phone: 801-569-1995
- Outpatient Treatment: 385-275-6162
- Syringe Exchange: 385-323-2217 Hours
- Treatment Office Hours: Monday-Thursday, 10:30am-8:30pm
- Syringe Exchange Hours: Check website for schedule or text exchange number
- <http://www.utahharmreduction.org/>

SALT LAKE HOME REDUCTION PROJECT

Provide syringe exchange, overdose prevention, rescue kits, disease prevention kits, personal sharps container, wound care supplies.

- Phone Office: 801-702-3539 (Tuesday – Friday, 10am-1pm) Text: 385-434-9324
- Address: 1400 S 1100 E
- Website: <https://www.shrpexchange.org/>

UTAH NALOXONE

Andy's – Utah Naloxone Wellness Center offers syringe exchange, free HIV/HEPC and STI testing, wound care, safe sex/use supplies, and referrals.

- Phone: 801-231-9346 (Monday & Thursday, 12pm-4pm and by appointment)
- Phone Utah Naloxone Office: 385-495-9050
- Address: 525 E 100 S #4400, SLC
- Website: <http://www.utahnaloxone.org/>

UTAH AIDS FOUNDATION

Offers at home testing kits, HIV/STI testing and info hotline, case management services and support, mental health services, UAF thrive services (holistic support for individuals living with HIV).

- Phone: 801-487-2323 (Monday-Friday, 9am-5pm)
- Address: 150 S 1000 E
- Website: <https://www.utahaids.org/>

FIT TO RECOVER

Provides a safe place, with membership, for people in recovery from substance use disorders to connect through fitness, nutrition, creative arts, and community service.

- Phone: 801-410-8988
- Website: fit2recover.org

SOAP₂HOPE

Advocate for persons who have been sexually exploited or trafficked. Provide mobile street outreach, mobile syringe exchange, support navigating community resources, survivor peer-supported services, case management programs.

- Phone: Call or Text 801-663-0183 or 385-267-6683
- Address: 1540 S Main Street, SLC
- Website: <https://soap2hopeut.com/>

VALLEY BEHAVIORAL HEALTH

Homeless Housing Assistance Programs

- Phone: 888-949-4864
- Website: <https://valleycares.com/supportive-housing-treatment-and-programs/>

FAMILIES WOMEN AND CHILDREN

THE FAMILY SUPPORT CENTER

Provide education, resources, and support to alleviate stress and diffuse the possibility of domestic violence and abuse. Services include Life Start Village, counseling, crisis nursery (information below), adoption respite care, classes, and groups.

- Address: 1760 West 4805 South, Taylorsville
- Phone: 801-955-9110
- Website: <https://www.familysupportcenter.org/>

CRISIS NURSERY

Offers free crisis nursery care for children 0-11. Resources for preventing abuse and neglect of children. Eligibility includes medical emergencies, legal obligations, job searching, interviews, family emergencies, and other crisis situations.

WEST VALLEY CRISIS NURSERY

- Hours: Monday-Friday, 8am-6pm
- Address: 3663 S 3600 W, WVC
- Phone: 801-967-4259

SUGAR HOUSE CRISIS NURSERY & COUNSELING

- Hours: Tuesday-Friday, 10am-6pm; Saturday, 8am-4pm
- Address: 2020 S Lake Street (740 E), SLC
- Phone: 801-487-7778

MIDVALE CRISIS NURSERY

- Hours: Monday-Friday, 11am-7pm
- Address: 777 W Center Street (7720 S), Midvale
- Phone: 801-255-6881

CHILD CARE AND PARENT RESOURCES

NEIGHBORHOOD HOUSE

Children's development center offers day care and support services to low-income families in Salt Lake City. Services also include adolescent, adult, and family support services.

- Phone: 801-363-4589 (Monday-Friday, 6:30 am- 5:30pm)
- Address: 1050 W 500 S
- Website: <https://www.nhutah.org/>

UTAH PARENT CENTER

Mission is to help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. Offer a variety of resources.

- Phone English: 801-272-1051 (Monday-Thursday, 9am-5pm)
- Phone Spanish: 801-2721067
- Address: 5296 S Commerce Dr., Suite 302, Murray
- Website: <https://utahparentcenter.org/>

UTAH YOUTH VILLAGE

Provides support services to youth and families facing challenging life circumstances using evidence-based solutions to positively influence healthy behaviors. The Village is comprised of four divisions and a mentoring program which has made the Village one of Utah's largest and most respected nonprofits.

- Address: 5800 S Highland Drive
- Phone: 801-272-9976
- Website: <https://youthvillage.org/>

HELP ME GROW UTAH

Through United Way Utah, they give information and referral helpline provides free resources and knowledge to help parents. Services include personal care coordination, free child development & perinatal screenings, answers to pregnancy, parenting, and child development questions, community resources.

- Hours: Monday-Thursday, 8:30 am- 6:00pm; Friday, 8:30am-5pm
- Phone: Call or Text 801-691-5322
- Website: <https://helpmegrowutah.org/>

OHANA BEGININGS

Resources and information for young pregnant people or young parents. Includes residential treatment center, adoption center, education center, family therapy, early childhood development, pregnancy help.

- Address: 129 E 13800 Suite B2-165, Draper
- Phone: 801-441-0557
- Website: <https://www.ohanabeginnings.life/>

NURSE-FAMILY PARTNERSHIP

Nurse Family Partnership is a free program for eligible women who are pregnant with their first baby. Enrolled moms are connected to a registered nurse who will provide the support, advice, and information you need to have a healthy pregnancy, a healthy baby, and to be a great mom. Contact to learn more.

- Phone: 385-468-4100
- Website: <https://slco.org/health/home-visiting/nurse-family-partnership/>

PARENTS AS TEACHERS

Parents As Teachers – free program teaching child development to parents, connects to resources. Includes 2 home visits per month, socialization activities with other parents, etc.

- Phone: 385-468-4100
- Website: <https://slco.org/health/home-visiting/parents-as-teachers/>

THOSE WITH BABIES

PREGNANCY RESOURCE CENTER OF SALT LAKE CITY

- Hours: Monday 11am-8pm; Tuesday-Friday, 9am-5pm
- Address: 644 South 900 East
- Phone: 801- 363-5433

LITTLE LAMBS FOUNDATION FOR KIDS

Must meet income guidelines, must have ID and proof of income (SNAP card accepted), and birth certificates for each child.

- Hours: Tuesday and Wednesday, 10am-1pm; Thursday, 4pm-7pm
- Address: 1125 West 400 North Ste 200 Logan, UT 84321
- Phone: 435-764-4439

WOMEN INFANTS & CHILDREN (WIC)

WIC provides low-income women, infants, and children under 5 with nutrition education, vouchers for nutritious foods, breastfeeding support, a review of immunization records, and referrals to other helpful agencies. Call for diaper availability.

- Salt Lake WIC
 - Hours: Monday, Tuesday, Thursday, Friday, 8am-5pm; Wednesday, 9:30am- 6:30pm
 - Address: 610 S 200 E, Salt Lake City
 - Phone: 385-468-3660
- South Main WIC
 - Hours: Monday, Tuesday, Thursday, Friday, 8am-5pm; Wednesday, 9:30am- 6:30pm
 - Address: 3690 S Main St., Salt Lake City
 - Phone: 385-468-3990

CROSSROADS URBAN CENTER

Families can get diapers up to 6 times per year. Formula available for 12 months and younger. Baby food as available. Call for availability.

- Hours: Monday-Friday, 9am-5pm
- Address: 347 S 400 E
- Phone: 801-364-7765

AGING AND ADULT SERVICES

ADULT PROTECTIVE SERVICES

If you suspect abuse, neglect, or exploitation call the Utah Department of Health and Human Services Aging and Adult Services. Reports can be anonymous.

- Phone: 1-800-371-7897
- Address: 195 N 1950 W
- Website: <https://daas.utah.gov/adult-protective-services/>

AGING AND ADULT SERVICES

Salt Lake County offers active aging, caregiver support, meals on wheels, rides for wellness, and more. They have many day centers with daily free hot meals and other activities. Call for locations and hours.

- Phone: 385-468-3200
- Website: <https://slco.org/aging-adult-services/>

DIVERSION/STRANDED INDIVIDUALS (REFER TO UCA OR WELFARE SQUARE, TRANSPORTATION)

UCA INTAKE LINE

Refer any calls regarding diversion (i.e., greyhound tickets, stranded travelers, etc.) to the UCA intake line.

- 801-990-9999 (Daily, 7am – 10pm)
- Website: <https://www.utahca.org/housing/>

CROSSROADS URBAN CENTER

Depending on funding, Crossroads can sometimes provide gas vouchers and bus passes for individuals in need as well as their regular daily food pantry service and vital document assistance.

- Phone: 801-364-7765 (Monday-Friday: 9am – 5pm)
- Address: 347 South 400 East, Salt Lake City
- Website: <https://www.crossroadsurbancenter.org/downtown.html>

WELFARE SQUARE

The LDS transient bishop at Welfare Square can assist in diverting individuals' case by case. Call the number below or visit in person to see if you are eligible for services.

- Phone: 801-240-7340
- Address: 751 West 700 South, Salt Lake City
- Website: <https://www.churchofjesuschrist.org/learn/welfare-square?lang=eng>

DOMESTIC VIOLENCE (24/7 HOTLINES, DV SHELTERS, RESOURCES)

YWCA – WOMEN IN JEOPARDY CRISIS SHELTER

Serves women and women with children. A safe confidential, 181-bed licensed shelter with private family or double rooms, providing supportive services including meals, case management, support groups, and access to community resources.

- 24 Hour Crisis Line 801-537-8600
- Toll-Free 855-992-2752
- Website: <https://www.ywcautah.org/what-we-do/>

SOUTH VALLEY SERVICES

Provides domestic violence and sexual assault services throughout Utah and Salt Lake County. Provide safe shelter and ongoing supportive services to women, men, and their children.

- 24-hour Helpline: 801-255-1095
- Text Helpline: 801-870-5018
- Website: www.svsutah.org

DAY SHELTERS

WEIGAND HOMELESS RESOURCE CENTER – CATHOLIC COMMUNITY SERVICES

Serves adults (ages 18+) experiencing homelessness and provides on-site resources: case management, vital document assistance, showers, laundry, computer lab, hygiene supplies, haircuts, storage, DWS eligibility and employment, Utah Community Action, and justice court (once a month). Lunch and dinner served daily at St. Vincent de Paul Dining Hall located across the courtyard.

- Phone: 801-363-7710
- Hours: Daily from 7am – 7pm. Closed on holidays
- Address: 437 West 200 South, Salt Lake City, UT 84101 (shuttle drops off to this location daily)
- UCA Hours: Monday – Thursday, 9-11am & 1-3:30pm
- DWS Eligibility Hours: Mondays, 9-11am & 1-4pm, Tuesdays, 9-11am
- DWS Employment Counselors: Mondays – Thursdays, 9-11am & 1-4pm

YOUTH RESOURCE CENTER – VOLUNTEERS OF AMERICA, UTAH

Serves homeless and at-risk youth, ages 15-22. Operates as a day shelter from 8:30am – 7:30pm, and then as a 30-bed overnight shelter after 7:30pm. Provides three hot meals a day, food pantry, showers, laundry, life-skill groups, housing and employment case management, dental and medical care assistance, and on-site mental health services. Bed reservation not required to receive services – all homeless and at-risk youth are invited to access services from 8:30am – 7:30pm.

- Phone: 801-364-0744
- Day Center Hours: 8:30am – 7:30pm
- Address: 888 South 400 West, Salt Lake City, UT 84101

HOTLINES

NATIONAL DOMESTIC VIOLENCE HOTLINE – 24/7 HOTLINE

- Hotline: 800-799-7233
- Text "START" to 88788
- Chat online: www.thehotline.org

UTAH DOMESTIC VIOLENCE COALITION – 24/7 HOTLINE

- Hotline: 1-800-897-5465
- Website: <https://udvc.org/>

UTAH'S SEXUAL VIOLENCE HELPLINE – 24/7 HOTLINE

- Helpline: 801-736-4356
- Resources: 1-888-421-1100
- Spanish Hotline: 801-924-0860
- National Hotline: 1-800-656-4673
- Website: https://www.ucasa.org/24_hour

STRONGHEARTS NATIVE HELPLINE – 24/7 HELPLINE

A helpline for Native and Alaskan Natives experiencing domestic, dating, or sexual violence.

- Helpline: 1-800-762-8483
- Chat Online at their
- Website: www.strongheartshelpline.org

SHELTERS

YWCA – WOMEN IN JEOPARDY CRISIS SHELTER

A safe, confidential, 181-bed shelter with private family or double rooms; providing meals, case management, support groups, and access to community resources. Services are offered to women with or without dependent children.

- 24 Hour Crisis Line: 801-537-8600 or 855-992-2752 (toll free)
- Website: <https://www.ywcautah.org/>

SOUTH VALLEY SERVICES

Provides domestic violence and sexual assault services throughout Utah and Salt Lake County. Provide safe shelter and ongoing supportive services to women, men, and their children.

- 24-hour Helpline: 801-255-1095
- Text Helpline: 801-870-5018
- Website: www.Svsutah.org

RESCUE MISSION WOMEN'S CENTER

Serves women, women with children, and women fleeing domestic violence. Provides shelter, clothing, hygiene supplies, addiction recovery programs, work therapy, and life skills training.

- Phone: 801-521-5925
- Address: 1165 South State Street, Salt Lake City, UT 84111

- Website: <https://rescuesaltlake.org/rescue-mission-womens-center/>

SAFE HARBOR

Offer 24/7 help line for DV, sexual assault, stalking, or dating violence. Safe shelter with 10 beds, kitchen, free laundry, and children's areas. Offers support groups, protective orders, and therapy for both DV and sexual assault victims.

- 24/7 Line: 801-444-9161
- Website: <https://safeharborhope.org/>

ADDITIONAL RESOURCES

YWCA – SALT LAKE AREA FAMILY JUSTICE CENTER

Serves adults and families. Offers confidential, free services to victims of domestic violence, sexual assault, elder abuse, and stalking. Provides overnight shelter and comprehensive resources. (Please call ahead of time)

- Phone: 801-236-3370 (Monday – Thursday, 9am – 4pm)
- Address: 310 East 300 South, Salt Lake City
- Website: <https://slcfamilyjusticecenter.org/>

RAPE RECOVERY CENTER

The Rape Recovery Center offers services for survivors at all stages of the recovery process. Our providers include a specialized team of advocates who provide trauma-informed services at a no cost.

JOURNEY OF HOPE

They empower women and girls at-risk for further harm and incarceration — the homeless, the trafficked, those fleeing domestic violence, the addicted, the mentally ill, women transitioning from jail and prison, and girls aging out of state services. Offer case management, mentorship, and self-advocacy. Refer other community resources.

- (Monday – Thursday, 9am – 2pm)
- Website: <https://journeyofhopeutah.org/>

UTAH VINE SERVICE

If an offender is in custody, you can register to receive VINE notifications (offender custody status changes such as release, transfer, or escape). A free, secure, and confidential way to access custody status and criminal case information. Register for notifications and stay informed.

- Phone: 1-877-884-8463
- Website: <https://vinelink.vineapps.com/state/UT/>

MEN HEALING

Conducts workshops and healing retreats for adult male survivors of sexual victimization who may be seeking adjunctive help with their healing and recovery, financial aid available.

- Phone: 801-829-1162
- Address: 1445 S Hoytsville Rd, Coalville
- Website: <https://menhealing.org/>

DWS ELIGIBILITY (ELIGIBILITY LOCATIONS & EBT #)

DEPARTMENT OF WORKFORCE SERVICES

DWS assistance includes, but is not limited to, employment counseling, resume building, interview prep, job searches, work clothing expenses, vocational rehab, and application assistance in addition to SNAP, General Assistance, unemployment benefits, Medicaid/TANF/CHIP, and connection to Utah Refugee Center.

- DWS Metro Office
 - Phone: 801-526-0950 (Monday – Friday, 8am – 5pm)
 - Address: 720 South 200 East, Salt Lake City (shuttle drops off to Women’s shelter nearby)
- Weigand Center
 - DWS employment counselors located on-site at the Weigand Center
 - Monday – Thursday, 9-11am & 1-3:30pm
- Homeless Resource Centers
 - DWS Employment Counselors located on-site at each HRC for current shelter guests
 - GMRC Hours: Monday, Wednesday, Friday, 7:30am – 4pm
- Website: <https://jobs.utah.gov/>

EBT (SNAP) CUSTOMER SERVICE

Check balance of EBT card or report a lost, stolen, or damaged card.

- 1-800-997-4444
- Website: <https://www.connectebt.com/>

EDUCATION (CHILD AND ADULT RESOURCES)

CHILDHOOD EDUCATION

UTAH COMMUNITY ACTION

UCA offers Head Start Preschool for children ages 0-3 years old (Early Head Start) and ages 3-5 years old (Head Start). Children with have access to a high-quality education, healthy meals, medical and dental screenings, and holistic support for the whole family to prepare your child for kindergarten and beyond.

- Address: 40 locations
- Phone: 801-359-2444
- Website: <https://www.utahca.org/head-start/>

ADULT EDUCATION

INDIAN TRAINING EDUCATION CENTER

ITEC provides a monthly stipend to students based on grades, attendance, and total hours/credits. ITEC can also provide assistance with books, fees, expenses. ITEC assists with programs ranging from high school diploma/GED up through bachelor’s degrees. Provide support with job search, assessment and referral, resume assistance, career counseling, supportive service for engaged clients. Must have proof of Native decent, working on completing an industry level certificate, unemployed or underemployed and meet income guidelines.

- Phone: 801-973-6484 (Monday-Thursday, 7:30am-6pm; Friday 7:30am-3:30pm)

- Address: 1455 W 2200 S, Suite 200, West Valley City
- Website: <https://itecutah.org/>

SLCC WORKFORCE TRAINING & EDUCATION

Offer a wide range of programs designed to lead to entry-level employment, upskill you in your current role, and assist you in renewing your licenses. They offer various funding sources and financial aid.

- Phone: 801-957-7522 (Monday-Thursday, 8am-7pm; Friday 8am-4:30pm)
- Address: 4600 S Redwood Road
- Website: <http://www.slcc.edu/workforce-training/>

ENGLISH SKILLS LEARNING CENTER

Free education center helping adult non-English speakers with ESL courses, job readiness, and one on one tutoring.

Phone: 801-328-5608

Address: 650 East 4500 South

Website: <https://www.eslcenter.org/>

UNIVERSITY NEIGHBORHOOD PARTNERS

Partners at the Hartland offer a range of educational opportunities for adults in areas such as English language learning (ELL), writing, citizenship, and more. All classes are free of charge and open to all interested residents.

- Phone: 801-213-8550
- Address: 1578 W 1700 S, SLC
- Website: <https://partners.utah.edu/partnership-areas/education-pathways/>

FAIRPARK FAMILY LEARNING CENTER

Classes in computers, financial security, parenting, and family health.

- Phone: 385-468-1333
- Address: NW Community Center, 1300 W 300 N, Salt Lake City, 84116 Hours: Monday-Friday, 9:00am – 8:00pm
- Website: <https://www.slc.gov/youthandfamily/fairpark-family-learning-center-2/>

GRANITE PEAKS ADULT EDUCATION CENTER

Adult Basic Education, GED, and English language classes.

- Phone: 385-646-5447
- Address: 501 E 3900 S, SLC (other locations also offered. See
- Website for details.) Hours: Monday-Thursday, 8:00am – 9:00pm, Friday, 8:00 am – 4:00 pm
- Website: <https://schools.graniteschools.org/granitepeaks/>

ROSE PARK COMMUNITY LEARNING CENTER

English skills, kids piano, gardening, dance, and more classes offered. In addition, personal development, family support, and community engagement offered.

- Phone: 801-578-8554
- Address: 1105 W 1000 N, SLC
- Hours: See calendar on Website for class hours
- Website: <https://www.slcschools.org/schools/rose-park-community-learning-center>

GLENDALE MOUNTAIN VIEW COMMUNITY LEARNING CENTER

Parenting, English language skills, gardening, scholarships, and other classes offered.

- Phone: 801-974-1902
- Address: 1388 South Navajo Street, SLC
- Hours: See calendar on Website for class hours
- Website: <https://www.slcschools.org/schools/glendale-mountain-view-community-learning-center>

TECH CHARITIES

Free (or nearly free) computers and training.

- Phone: 801-583-3656
- Address: 50 N 600 W, SLC
- Hours: Monday mornings from 10:00am – 12:00pm
- Website: <https://techcharities.org/>

EMPLOYMENT (EMPLOYMENT ASSISTANCE/COUNSELORS, DAY STAFFING, VOCATIONAL, ADULT EDUCATION)

DEPARTMENT OF WORKFORCE SERVICES

DWS assistance includes, but is not limited to, employment counseling, resume building, interview prep, job searches, work clothing expenses, vocational rehab, and application assistance in addition to SNAP, General Assistance, unemployment benefits, Medicaid/TANF/CHIP, and connection to Utah Refugee Center.

- DWS Metro Office
 - Phone: 801-526-0950 (Monday – Friday, 8am – 5pm)
 - Address: 720 South 200 East, Salt Lake City (shuttle drops off to Women’s shelter nearby)
- Weigand Center
 - DWS employment counselors located on-site at the Weigand Center
 - Monday – Thursday, 9-11am & 1-3:30pm
- Homeless Resource Centers
 - DWS Employment Counselors located on-site at each HRC for current shelter guests
 - GMRC Hours: Monday, Wednesday, Friday, 7:30am – 4pm
- Utah Refugee Center
 - Hours: Monday – Friday, 8:30am-5pm; Saturday 10am-5pm
 - Address: 150 N 1950 W
- Website: <https://jobs.utah.gov/>

LDS EMPLOYMENT SERVICES

Receive one-on-one job coaching and support, learn about community resources, get help with job search and applications, and resume building.

- Phone: 801-240-7240
 - 1-888-818-4484
- Address: 780 West 800 South, Salt Lake City
- Website: <https://www.churchofjesuschrist.org/life/help-for-job-seekers?lang=eng>

ADVANTAGE SERVICES

Local non-profit that employs individuals with mental and/or physical disabilities.

- Phone: 385-528-1130
- Address: 513 West 800 South, Salt Lake City
- Website: www.asofutah.com

EASTERSEALS

Easterseals-Goodwill Northern Rocky Mountain is leading the way to full equity, inclusion, and access by enriching education, enhancing health, expanding employment, and elevating community. Many development services for children, youth, family, adults, seniors, veterans, caregivers, and those with health conditions or impairments.

- Phone: 801-536-7016
- Address: 720 S 200 E
- Website: <https://www.esgw.org/>

GREEN TEAM JOB TRAINING PROGRAM

Provides farm based employment, work, readiness training, job placement assistance, and mentoring for women facing or experiencing homelessness.

- Phone: 801-948-0431
- Website: <https://wasatchgardens.org/job-training/green-team>

PEOPLE HELPING PEOPLE

Help low-income women and single moms reach their full potential in the workplace. PHP helps families break the cycle of poverty by teaching low-income women how to earn an adequate income. Provide education, coaching and mentoring, employer meet and greets, and single mother seminar job fair.

- Phone: 801-583-5300
- Hours: Monday and Wednesday, 10am-5pm; Thursday and Friday, 12pm-8pm
- Address: 265 E 100 S #280
- Website: <https://www.phputah.org/>

LOCAL DAY LABOR/STAFFING COMPANIES

- LaborMax Staffing
 - Phone: 801-322-8888
 - Address: 250 West 2100 South, Suite C, Salt Lake City
- People Ready
 - Phone: 801-521-0480
 - Address: 1081 South 300 West, Salt Lake City
- Skill Staff
 - Office: 801-486-6700
 - Cell: 801-949-1027
 - Address: 227 West 600 South, Salt Lake City
- Elwood Staffing
 - Phone: 801-322-1233
 - Address: 420 East South Temple, Suite 150, Salt Lake City
 - Website: <https://www.elwoodstaffing.com/>
- Spherion Salt Lake City

- Phone: 801-519-5093 Address: 204 E 900 S
- Website: <https://www.spherion.com/our-locations/utah/>
- Spherion Taylorsville
 - 801-261-8880
 - Address: 5677 Redwood Road, Suite 17
- Elite Staffing
 - Search online at www.elitestaffing.com

VOCATIONAL

ST. VINCIENT'S KITCHEN ACADEMY

Catholic Community Services offers a 12-week program to gain the skills needed to enter the food service industry and much more. Includes life skills classes, one year of case management, assistance with job placement, two-week paid externship, uniforms and shoes, transportation services, free laundry and meals.

- Phone: 801-394-5944
- Email: svka@ccsutah.org
- Website: <https://ccsutah.org/programs/item/165-st-vincent-s-kitchen-academy>

THE OTHER SIDE ACADEMY

This is a training school in which students learn pro-social, vocational and life skills allowing them to emerge with a healthy life on “the other side”. This program is available as an alternative to those facing long-term incarceration as well as those seeking a change from the life they’ve chosen in the past.

- Phone: 801-953-0409
- Address: 667 E 100 S
- Email: robyn@theothersideacademy.com
- Website: <https://www.theothersideacademy.com/>

FOOD RESOURCES (SOUP KITCHEN, FOOD PANTRIES, FOOD STAMPS)

SOUP KITCHENS/HOT MEALS

ST. VINCENT DE PAUL DINING HALL

Serves two hot meals a day Monday – Saturday, and one hot meal on Sunday. Closed on Holidays (sack lunches provided).

- Phone: 801-363-7710
- Hours: Monday – Friday: Lunch (11:30am-12:30am), Dinner (5pm – 6pm)
- Saturday: Brunch (10am – 11am), Dinner (5pm – 6pm)
- Sunday: Dinner (5pm – 6pm)
- Address: 437 West 200 South (located on same property as Weigand Center/shuttle drops off here)
- Website: <https://ccsutah.org/programs/item/8-st-vincent-de-paul-dining-hall>

SALT LAKE CITY MISSION

- Hours: Monday – Friday: 11am-1pm
- Address: 1151 S Redwood Rd
- Phone: 801-355-6310
- Website: <https://saltlakecitymission.org/services/program-services/food-pantry-clothing-room/>

SALVATION ARMY

- Hot Meal
 - Phone: 801-988-4204 (Monday-Friday, 1pm- First come, first serve while supplies last)
 - Address: 438 S 900 W, SLC
- Website: https://saltlakecity.salvationarmy.org/salt_lake_city_corps/cure-hunger/

FOOD PANTRIES

HILDEGARDE'S FOOD PANTRY

Provides free food boxes to individuals and families four times a week. Patrons must show a form of ID. Visits are limited to one per week, per household. Must be in line a minimum of 15 before close (it is recommended to line up early).

- Phone: 801-328-2302
- Hours: Tuesday, Wednesday, Friday, 11am – 1:15pm; Thursdays: 5pm-6:15pm
- Address: 231 East 100 South, Salt Lake City, 84111
- Website: <https://stmarksutah.org/foodpantry>

CANNON FOOD PANTRY

- Hours: Wednesdays 4:30pm-5:30pm
- Address: 934 Fremont Ave
- Must have ID – walk-ups welcome

CROSSROADS URBAN CENTER

Provides food boxes and/or sack lunches to individuals who are experiencing food insecurity.

- Crossroads Westside Food Pantry Phone: 801-935-4079
 - Hours: Monday, Tuesday, Thursday, Friday (closed on Wednesdays): 9am – 5pm
 - Address: 1358 West Indiana Avenue, Salt Lake City
- Emergency Food Pantry
 - Phone: 801-364-7765 (Monday-Friday, 9am – 5pm)
 - Address: 347 South 400 East, Salt Lake City
 - Website: <https://www.crossroadsurbancenter.org/>

SALVATION ARMY SALT LAKE CITY

Client choice food pantry. Must provide details. Each household can visit twice per month. Bring your own reusable bag/cart. One hot meal per person, unless ID is provided for others that need it, first- come, first-served basis.

- Pantry
 - Phone: 801-988-4204
 - Hours: Tuesday, 10am-12pm; Wednesday and Friday, 2pm-4pm
 - Address: 438 S 900 W, SLC
- Hot Meal
 - Phone: 801-988-4204 (Monday-Friday, 1pm-supplies last)
 - Address: 438 S 900 W, SLC
 - Website: https://saltlakecity.salvationarmy.org/salt_lake_city_corps/cure-hunger/

RESCUE MISSION OF SALT LAKE

Provides small food boxes daily. Go upstairs and inquire at the front desk. Bring a form of ID.

- Hours: 9am-11am, 2:30pm-4pm daily
- Address: 463 South 400 West, Salt Lake City (shuttle drops off across the street at 4th Street clinic)

- Phone : 801-355-1302

RIVERSIDE FOOD PANTRY

- Hours: Monday, Wednesday, and Friday: 11am-2pm
- Address: 660 North Redwood Road
- Must have ID – walk-ups welcome

SALT LAKE CITY MISSION

Provides food boxes and clothing three times a week.

- Phone: 801-355-6310 (Monday, Wednesday, and Fridays: 11am – 2pm)
- Address: 1151 South Redwood Rd, #106, Salt Lake City
- Website: <https://saltlakecitymission.org/services/program-services/food-pantry-clothing-room/>

EBENEZER HELPING HAND FOOD PANTRY

The Kingdom Church of God in Christ provides food on Saturdays.

- Phone: 801-355-8826 (First, Second, Third, Fifth Saturdays, 10am-11am)
- Address: 820 S 300 E (temporarily across the street 273 E)

ST. PAUL'S EPISCOPAL CHURCH FOOD PANTRY

Food pantry for people and dogs and cats. No ID required.

- Phone: 801-322-5869 (Every Saturday, 9am-12pm)
- Address: 261 S 900 E
- Website: <https://www.stpauls-slc.org/pantry>

MOSAIC INTER-FAITH MINISTRIES

Food pantry for low income and/or diverse and international backgrounds. Employment and education opportunities also available.

- Phone: 801-588-0139 (Monday-Thursday, 8am-2:45 pm)
- Address: 3278 South 540 East
- Website: <http://www.issu.org/>

JEWISH FAMILY SERVICES

Alex & Sally Leibold Food Pantry offers pre-packed, non-perishable food, provided by family size, with options for perishable products depending on supply. Food can be picked up once a week with no ID, financial or citizenship requirements. All faiths welcome!

- Phone: 801-746-4334 (Monday-Friday, 11am-1pm)
- Address: 495 E 4500 S Ste 100 (curbside pick up only)
- Website: <https://www.jfsutah.org/our-programs/food-pantry>

UTAH FOOD FOR FAMILIES

Calvary Salt Lake provides food boxes weekly. Their clothes distribution is Calvary Thrift Store 3245 W 7800 S for inexpensive clothing.

- Phone: 801-264-9999 (Every Thursday, 3pm-7pm)
- Address: 460 W Century Drive (4350 S), SLC
- Website: <https://www.utahfoodforfamilies.com/>

UTAH FOOD BANK

- Phone: 801-978-2452 (Office Hours: Monday-Friday, 8am-5pm)
- Visit utahfoodbank.org/find-a-pantry/ to see list of all food pantries in Salt Lake County and other Utah counties.

UTAHNS AGAINST HUNGER

Find additional information and resources on SNAP benefits, Farmer’s Market, Summer Food Program, School Meals, Food Assistance for Seniors and Students, WIC program.

- Phone: 801-736-8929
 - United Way of Salt Lake
- Visit uah.org/get-help to see list of all food pantries or other community resources in Salt Lake County and other Utah counties.

FOOD STAMPS

DEPARTMENT OF WORKFORCE SERVICES

DWS services include benefits such as SNAP (Food stamps), Medicaid/TANF/CHIP, General Assistance, and employment assistance.

- DWS Metro Office
 - Phone: 801-526-0950 (Monday – Friday, 8am – 5pm)
 - Address: 720 South 200 East, Salt Lake City (shuttle drops off to Women’s shelter located nearby)
- Weigand Center
 - DWS eligibility specialists on-site at the Weigand Center
 - Mondays: 9-11am & 1-4pm
 - Tuesdays: 9-11am
- Homeless Resource Centers
 - DWS Eligibility Specialists located on-site at each HRC for current shelter guests
 - GMRC Hours: Wednesday (1pm – 3pm) & Thursdays (9am-11am) during HRD
- Website: <https://jobs.utah.gov/customereducation/services/foodstamps/index.html>

EBT (SNAP) CUSTOMER SERVICE

Check balance of EBT card or report a lost, stolen, or damaged card.

- 1-800-997-4444
- Website: <https://jobs.utah.gov/customereducation/services/financialhelp/family/ebtinstructions.html>

USDA NATIONAL HUNGER HOTLINE

Services offered

- No direct food services.
- Connections to resources in the area based on the zip code/address the client provides.
- Can connect clients directly to SNAP, and can help with questions that clients may have.
- Hours: Monday through Friday 7 am -10 pm (Eastern Time).
- English and Spanish speaking representatives.

Contact Information

- 1-866-3-HUNGRY (1-866-348-6479) – English
- 1-877-8-HAMBRE (1-877-842-6273) – Spanish
- Find Food (hungerfreeamerica.org)

FREE FRIDGES & MOBILE PANTRIES

GREEN URBAN LUNCH BOX – 24/7

- Address: 3188 S 1100 W
- Instagram: @gulb.fridge

SUGARHOUSE– 24/7

- Address: 720 E Loveland Ave
- Instagram: @sugarhouse.fridge

ROSE PARK– 24/7

- Address: 1151 N 1500 W
- Instagram: @rosepark.fridge

CANNON MOBILE PANTRY

- Hours: Wednesday, 4:30pm-5:30pm
- Address: 934 W Fremont Ave, SLC

HARMONY MOBILE PANTRY

- Hours: Tuesday, 8am-9am
- Address: 3805 S Main Street, SSL

BENNION MOBILE PANTRY

- Hours: Monday, 2pm-5pm
- Address: 6250 S 2200 W, Taylorsville

GRANGER MOBILE PANTRY

- Hours: Saturday, 7am-9am
- Address: 3175 S 3450 W, WVC

HUNTER MOBILE PANTRY

- Hours: Tuesday, 9am-10am
- Address: 3970 S 5200 W, WVC

MILLCREEK MOBILE PANTRY

- Hours: Saturday, 8:30am-10:30am
- Address: 3400 S 1100 E, Millcreek

RIVERSIDE MOBILE PANTRY

- Hours: Friday, 11am-12pm
- Address: 660 N Redwood Road, SLC

STOCKTON MOBILE PANTRY

- Hours: Wednesday, 8:30am-9:30am
- Address: 225 W 500 N, SLC

WELLS MOBILE PANTRY

- Hours: Friday, 8:30am-9:30am
- Address: 1621 S 1100 E, SLC

HOMELESS OUTREACH (RESOURCES FOR UNSHELTERED INDIVIDUALS AND FAMILIES)

CITY OUTREACH TEAM – VOLUNTEERS OF AMERICA, UTAH

Provides services to unsheltered individuals experiencing homelessness in Salt Lake City to help create a path to shelter, housing resources, and other crucial services to those experiencing homelessness.

- City outreach team is available Monday – Friday, 8am – 4pm
- For additional Information please contact: 801-707-7696 & 801-707-4426 or contact the Outreach Services Supervisor at: Shaunell.Runsted@voaut.org.
- Response time is within two business days.

LIBRARY ENGAGEMENT TEAM – VOLUNTEERS OF AMERICA, UTAH

Serves homeless and at-risk individuals and couples who visit the Salt Lake City and SL County Library Branches . Services include: basic needs like food/clothing/hygiene, case management, housing assistance, help with benefit enrollment, connect to medical care, employment assistance, and transportation to hospitals, detox, and domestic violence shelters in Salt Lake County. Response time is within two business days.

- The team also has a desk on the 1st floor of the main Salt Lake City Library on 210 East 400 South, SLC.
- Hours: 10-4PM , M, W, F at the Library. Can be reached by phone Monday – Friday, 8am – 4pm
- For additional information please contact: Program Director – Abby Tsvetkov – 385- 421-8455, abby.tsvetkov@voaut.org

FAMILY STREET OUTREACH – THE ROAD HOME

Provide assistance to families experiencing unsheltered homelessness.

- Phone: 385-285-2603 and 385-285-2602
- Call Monday – Friday between 9am – 5pm

HOUSING RESOURCES (EVICTION, RENTAL, UTILITY ASSISTANCE & HOUSING AUTHORITIES)

EVICTION ASSISTANCE

UTAH COMMUNITY ACTION

Landlord – Tenant Mediation

This service assists with landlord/tenant education and tenant rights. This service may help maintain housing and avoid evictions but does not include any legal services or representation. If they have received a 3-day pay or vacate notice, they need to complete the online application.

- Phone: 801-214-3109
- Email
- Address: mediation@utahca.org
- Online application at www.utahca.org/housing

Rental Assistance

Rental assistance program helps households that have experienced a temporary financial crisis beyond their control. Clients must have a current lease in place. They are unable to assist with mortgages, payments to roommates, or family. Payments are made directly to landlord or property management company only.

- Intake Line: 801-359-2444 (Mondays-Fridays, 9am-5pm)
 - Online application located on
 - Website: utahca.org/housing
 - UCA employees are also on-site at the Weigand Homeless Resource Center
 - Mondays, Tuesdays, Fridays: 9-11am & 1-3:30pm

UTAH LEGAL SERVICES

Free legal assistance and representation:

- Phone: 801-328-8891 (Monday-Friday, 9am-2pm)
- Toll Free Number (if outside S.L. County): 800-662-4245
- Online Application (for faster service): <https://www.utahbar.org/accesstojustice/request-pro-bono-help/>

HOLY CROSS MINISTRIES OF UTAH – IMMIGRATION SERVICES

Offer legal services for immigration, such as citizenship, status, deportation, visas and family law.

- Phone: 801-261-3440
- Address: 860 E 4500 S Suite 204
- Website: <https://www.hcmutah.org/legal-immigration-program/>

HOUSING LOCATION

Assistance available for current clients staying at resource centers who need assistance locating and applying to rentals.

Unfortunately, The Road Home can only assist individuals who have a current funding source (voucher).

- If individual has a voucher: email housinglocators@theroadhome.org for assistance.
- If they don't have a voucher: refer to Rentler.com, zillow.com, ksl.com and Facebook marketplace. Encourage clients to seek resources through UCA (contact info listed under "eviction" and "rental assistance")
- If they are not a current TRH client, and they have a voucher through a local housing authority (HASLC or Housing Connect, refer them to that specific office).
- Contact VOA outreach team to determine if they are eligible for case management or SLCO triage.

GENERAL HOUSING ASSISTANCE

SECTION 8

Low income housing and Section 8 waiting lists

- Website: AffordableHousingOnline.com

UTAH NON-PROFIT HOUSING CORPORATION

- Website: unphc.org

RENT ASSISTANCE

UTAH COMMUNITY ACTION

Rental assistance program helps households that have experienced a temporary financial crisis beyond their control. Clients must have a current lease in place. They are unable to assist with mortgages, payments to roommates, or family. Payments are made directly to landlord or property management company.

Intake Line:

- Phone: 801-359-2444 (Mondays-Fridays, 9am-5pm)
- Address: 1307 S 900 W
 - Online application located on
 - Website: utahca.org/housing
 - UCA employees are also on-site at the Weigand Homeless Resource Center
 - Mondays, Tuesdays, Fridays: 9-11am & 1-3:30pm

SALT LAKE COUNTY

EMERGENCY RENTAL ASSISTANCE PROGRAM (ERAP).

- Phone: 801-707-9986
- Website: <https://slco.org/regional-development/housing-community-development/resources/Housing-Stability-Resources/>

THE FULLER CENTER FOR HOUSING

Volunteers for home repair projects. Submit a project at the link to their Website below.

- Website: <https://fullercentersaltlake.org/>

UTILITY ASSISTANCE

UTAH COMMUNITY ACTION – HEAT PROGRAM

Provides year-round assistance for paying power and gas bills. Must be income eligible (150% or less under federal poverty line).

- Schedule an appointment to apply: 801-359-2444
- Online application: utahca.org/heat/
- Can apply by scheduling an in-person appointment, filling out application online, or printing application and mailing it, faxing it, or dropping it off at the drop box located at 850 West 1700 South #4, Salt Lake City
- If someone has received a 48-hour shut off notice, call the office at 801-359-2444.

SALVATION ARMY

Assists low income elderly, disabled, veterans, and families catch up on past due bills and avoid utility shut offs. To qualify for the program the household must be below the 150% federal poverty line.

- Phone: 1-800-969-0526
 - Leave a message with name, phone number, which bill you need helping paying, and how you qualify (low income elderly, disabled, veteran, or family).
- Complete online application located at:
 - saltlakecity.salvationarmy.org/salt_lake_city_corps/overcome-poverty/ (scroll down to bottom of web page)

HOME REPAIR

HABITAT FOR HUMANITY

Critical Home Repair Program (CHiRP) – No upfront cost for \$5,000 towards the project cost. The remaining cost of the project can be financed through a 10-year, 0%-3% interest loan or deferred title lien. Projects can

Address needs such as a leaking roof, broken or missing windows, mold, damaged flooring, accessibility for impaired mobility, electrical and plumbing work and more. If you are a U.S. citizen or legal resident alien who owns a home on a foundation in Salt Lake County, Tooele County, or Davis County, please contact them to see if you are eligible to apply. *Certain restrictions apply; eligibility does not guarantee approval.*

- Email: referrals@habitatsaltlake.com

- Intake Phone Number: 801-263-0136, ext. 207
- Website: <https://habitatsaltlake.org/homeowner-services/critical-home-repairs>

CDCU – COMMUNITY DEVELOPMENT CORPORATION OF UTAH

Critical repairs and home improvement. Homeowners Assistance Fund (HAF) – eligible homeowners may receive up to \$18,000 to fund critical home repairs or modifications necessary to allow the homeowner to stay in the house. Additional loan programs available.

- Phone: 801-994-7222
- Application: <https://homeownersassistance.utah.gov/wp-content/uploads/2023/11/HAF-CHR-application.pdf>
- Website: <https://cdcutah.org/i-want-to/take-on-home-improvements>

MY HOMETOWN SALT LAKE CITY

Volunteers to help fix up homes and yards. My Hometown will organize a day of service and recruit volunteers. Homeowners pay for necessary materials.

- Phone: 801-683-9773
- Website: <https://myhometownslc.org/>

NEIGHBORHOOD WORKS

Home renovations, healthy home improvements, energy efficiency improvements, and critical repairs. Funds available for Midvale City and Murray City.

Paint Your Heart Out – free house painting for qualified applicants in August (apply by May). Rake Your Heart Out – Free day of leaf raking in November (apply by October).

- Phone: 801-539-1590
- Address: 622 W 500 N, SLC
- Website: <https://www.nwsaltlake.org/home-improvement-loans>

HOUSING AUTHORITY CONTACTS

HOUSING AUTHORITY OF SALT LAKE CITY (HASLC)

Provides rent subsidies and promotes affordable housing for low-income persons residing in Salt Lake City. Applications and information on waitlists available on their

Website. Does not provide emergency housing assistance.

- Phone: 801-487-2161 (Monday-Friday, 8am-5pm)
- Address: 1776 South West Temple, Salt Lake City
- Website: haslcutah.org

HOUSING CONNECT (AKA HOUSING AUTHORITY OF SALT LAKE COUNTY)

Aims to connect individuals and communities to quality affordable housing opportunities to low and moderate-income households in Salt Lake County. Applications for voucher programs, public housing, and other housing programs available on their

Website. Does not provide emergency housing assistance.

- Phone: 801-284-4400 (Monday-Friday, 8am-5pm)
- 3595 South Main Street, Salt Lake City
- Website: housingconnect.org/connect-to-housing/

LEGAL RESOURCES (POLICE REPORTING, JUSTICE COURT, FREE LEGAL AID)

ONLINE POLICE REPORTING

File an online police report for the following issues: bike registry, credit/debit card, harassing phone call, hit and run, identity fraud, lost property, tax fraud, supplemental reports, theft, traffic accidents (no injuries), vandalism, vehicle burglary, vehicle strip.

- Website: www.slcp.com/resources/online-report/

NON-EMERGENCY POLICE NUMBER

- Phone: 801-799-3000

UTAH OFFICE FOR VICTIMS OF CRIMES

The agency provides a safety net for individuals who have no other way to pay for costs – including but not limited to medical bills, counseling expenses, burial and funeral costs, and lost wages – resulting from being a victim of crime. Family members of crime victims also may be eligible for help. Family members of crime victims also may be eligible for help.

- Phone: 801-238-2360 (Monday – Friday, 8am – 5pm)
- Address: 350 East 500 South, Suite 200, Salt Lake City
- Website: <https://crimevictim.utah.gov/>

UTAH LEGAL SERVICES

Free legal assistance and representation for non-criminal cases for citizens or permanent legal residence. These include consumer, domestic violence, estate plans & senior, family, financial assistance, food stamps & WIC, housing, Medicaid, Native American unit, and SSI & SSDI.

- Phone: 801-328-8891 (Monday-Friday, 9am-2pm)
- Toll Free Number outside of Salt Lake County: 800-662-4245
- Website: <https://www.utahlegalservices.org/>
 - Online Application (for faster service): [utahlegalservices.org/topics/14/housing](https://www.utahlegalservices.org/topics/14/housing)

LEGAL AID SOCIETY OF UTAH

Law firm giving low-income families affordable legal representation and assistance in divorce, parentage (custody), guardianship, and orders of protection with special programs for victims of domestic violence.

- Phone: 801-328-8849
- Address: 960 S Main Street
- Website: legalaidsocietyofsaltlake.org

CLEAN SLATE UTAH

Free legal expungement assistance. Eligibility information and applications located on their Website. Also free expungement clinic information included under their tab “legal resources”

- Website: www.cleanslateutah.org

PRO BONO INITIATIVE UNIVERSITY OF UTAH S.J. QUINNEY COLLEGE OF LAW

This pro bono initiative offers free 30 minute consultations to help answer legal questions. Consultations do not create on-going attorney- client relationships and will not represent clients in court. Areas of law include immigration, family, rainbow, street, expungement and justice, and debtor's counseling.

- Phone: 801-581-5418
- Call for hours and locations
- Website: <https://sjquinney.utah.edu/pro-bono-initiative/>

WEIGAND HOMELESS RESOURCE CENTER – CATHOLIC COMMUNITY SERVICES

Serves adults (ages 18+). Resources: case management, vital document assistance, showers, laundry, computer lab, hygiene supplies, storage, DWS eligibility and employment, Utah Community Action, and justice court. Lunch and dinner served daily at St. Vincent de Paul Dining Hall located across the courtyard.

- Front Desk: 801-363-7710
- Justice Court is once a month on-site at the Weigand Center. Call for exact date.
 - Center Hours: Daily from 7am – 7pm. Closed on holidays
- 437 West 200 South, Salt Lake City, UT 84101 (shuttle drops off to this location daily)
- Website: <https://ccsutah.org/programs/item/9-weigand-resource-center>

LGBTQ+ RESOURCES (24/7 HOTLINES, WALK-IN CENTERS)

WALK-IN CENTERS

UTAH PRIDE CENTER

Center provides mental health services, education and training resources, adult programs, senior programs, youth and family programs, suicide prevention, peer support, food and clothing, a community space to gather, and pride and center events.

- Phone: 801-539-8800 (Monday-Friday, 3pm – 8pm)
- Address: 1380 South Main Street, Salt Lake City
- Website: <https://utahpridecenter.org/>

ENCIRCLE

Encircle is a community resource center for the LGBTQ+ community. Drop in hours available Monday – Friday for youth ages 12-25 to enjoy a safe space to be themselves, other services include daily programs, friendship circles, and therapy.

- Phone: 801-613-7305 (Monday – Friday, 3pm – 8pm)
- Address: 331 South 600 East, Salt Lake City
- Website: <https://encircletogether.org/>

LGBTQ+ HOTLINES

TREVOR CENTER

Provides information and support to LGBTQ+ young people 24/7 year-round via trained counselors – services are 100% free and confidential.

- Call: 1-866-488-7386
- Text "start" to 678-678
- Chat online at: thetrevorproject.org/get-help/

TRANS LIFELINE – 24/7 HOTLINE

A peer support phone service run by trans people for trans and questioning peers.

- Phone: 877-565-8860
- Website: <https://translifeline.org/hotline/>

LGBTQ NATIONAL HOTLINE – 24/7

A national hotline to provide telephone and email peer counseling and information on local resources.

- Phone: 1-888-843-4564
- Website: <https://www.lgbthotline.org/>

LGBTQ+ SUPPORT AND OTHER RESOURCES

PARENTS, FAMILIES, AND FRIENDS OF GAYS (PFLAG)

Offers support for families, allies and people in the LGBTQ + community. Promote the health and wellbeing of LGBT people, their families and friends through: Support, Education and Advocacy.

- Phone: 801-688-2281
- Online: PFLAG SLC on Facebook
- Website: <https://pflag.org>

MEDICAL RESOURCES (FREE & LOW-COST CLINICS)

NON-EMERGENCY POLICE

- For non-emergency medical or other police concerns.
 - Phone: 801-799-3000

4TH STREET CLINIC

Provides medical care for individuals experiencing homelessness. Services include: primary medical care, behavioral health care, dental care, pharmacy services, chronic disease management, laboratory testing, specialty care and exams, acute care, care management and coordination, public health screens and immunizations, and trans services.

- Phone: 801-364-0058
- Hours: Monday, Wednesday, Thursday, 8am-6pm; Tuesday, 9am-6pm; Friday, 8am- 5pm
- 409 West 400 South, Salt Lake City
- Website: <https://fourthstreetclinic.org/>

SACRED CIRCLE

A health clinic that also provides support for mental and behavioral health treatment. Sacred Circle behavioral health professionals are available to assist with, but not limited to, the following conditions: ADHD, Alcohol, Anger, Anxiety, Depression, Fatigue, Grief/Loss, Marriage, PTSD, Sleep, Smoking, Stress, and Substance Use.

- Salt Lake City Location
 - Phone: 801-359-2256 (Monday-Friday, 8am – 6pm)
 - Address: 660 South 200 East, Suite 250 (Shuttle drops off at women’s resource center next to clinic)
 - Primary Care, Behavioral Health, Wellness Program, Dentistry, Physical Therapy, recovery Program, optometry, Podiatry, Dietary, Urology, Pain Management

- Pamela's Place Location
 - Phone: 801-359-2256 (Monday – Friday, 8am-12pm; 1pm-5pm)
 - Address: 525 South 500 West, Salt Lake City
 - Primary Care, Behavioral Health
- West Valley Location
 - Phone: 801-359-2256 (Monday-Friday, 8am – 6pm)
 - Address: 3448 S 3200 W
 - Primary Care, Behavioral Health, Dentistry, Physical Therapy, Podiatry
- Website: <https://sacredcircle.com/>

MALIHEH FREE CLINIC

Provides free medical care to uninsured patients only (no Medicaid or Medicare) who fall under the 200% federal poverty level. Provides primary medical care for children and adults.

- Call to make an appointment: 801-266-3700
- Hours: Monday & Thursday, 9am-4pm; Tuesday & Wednesday, 9am-8pm; Friday, 9am-12pm
- Address: 941 East 3300 South, South Salt Lake City
- Website: <https://malihеhfreeclinic.org/>

MARTINDALE CLINIC

Provides recovery focused medical services to ages 14+. Resources include primary care, medication management, Hep C treatment, mental health services, vivitrol injections, STD testing, and contraception. Owned by Odyssey House.

- Phone: 801-428-3500
- Clinic Hours: Monday-Friday, 9am – 4pm.
- Walk-ins welcome at 9am only
- Address: 743 East 300 South, SLC
- Website: <https://www.odysseyhouse.org/clinic>

THE INN BETWEEN

Provide medical respite and end-of-life care for those experiencing homelessness.

- Phone: 801-410-8314
- Address: 1216 E 1300 S
- Website: <https://tibhospice.org/>

CLINIC 1A

University of Utah HIV/AIDS Care: Ryan White Program

Provides primary care to those living with HIV/AIDS in Utah. Offer mental health counseling, antiretroviral medications, case management, home health care, nutritional services (supplement program)

- Phone: 801-585-2031 (Monday-Friday, 8am-5pm)
- Address: 1950 Circle of Hope Drive, SLC
- Website: <https://healthcare.utah.edu/infectious-diseases/ryan-white-program>

HOPE CLINIC

The Hope Clinic is a free medical facility dedicated to heartfelt quality healthcare for the underserved and uninsured in the Salt Lake area. The Hope Clinic will give hope to those who otherwise would have difficulty obtaining medical care due to financial restrictions.

- Phone: 801-568-6700 (Tuesday and Wednesday, 8am-12pm)
- Address: 65 E 6850 S, Midvale
- Website: <http://www.utahhopeclinic.org/>

COMMUNITY HEALTH CENTERS, INC.

Provides exceptional health care to people of all ages, backgrounds, and life circumstances. We offer community members access to primary and preventive health care, dental services, and mental health provided in a compassionate, respectful, and professional manner. Many of our service providers are bilingual (Spanish) and we can arrange for translators of other languages.

- Phone: 801-801-412-6920
- Address: Various Locations
- Website: <https://www.chc-ut.org/>

UTAH PARTNERS FOR HEALTH

Offer access to primary healthcare services for medical, pharmacy, dental, vision, behavioral health, substance use disorders including medication-assisted treatment. They also provide a mobile clinic. They offer free language services.

- Phone: 801-412-3980
- Main Address: 140 W 2100 S #208
- Call for all locations
- Website: <https://www.upfh.org/>

HEALTH ACCESS PROJECT

Their mission is to improve access to and coordinate comprehensive healthcare for those in need. Health Access Project (HAP) serves low-income, uninsured residents of Salt Lake County. They offer case management services, coordinated healthcare (physicians, midwives, radiologists, anesthesiologists, dentists), health insurance assistance, and interpretation services.

- Main Medical and Behavioral Health Clinic
 - Hours: Monday-Wednesday 8am-5pm; Thursday 12pm-8pm
 - Address: 8446 S Harrison Street, Midvale
 - Phone: 801-417-0131 (This is also the after-hours nurse line)
- Call for Pharmacy, Dental, Vision, and Mobile Clinic locations and hours
- Website: <https://www.healthaccessproject.org/>

INTERMOUNTAIN SALT LAKE CLINIC AND INSTACARE

- Phone: 385-282-2000
- Clinic Hours: Monday-Friday, 8am – 5pm Instacare Hours: Daily, 9am-9pm
- Address: 389 S 900 E, SLC
- Website: <https://intermountainhealthcare.org/>

MIDTOWN COMMUNITY HEALTH CENTER- SOUTH SALT LAKE

- Phone: 801-486-0911 (Monday-Friday, 7:30am – 6pm; closed between 1pm-2pm)
- Address: 2253 S State Street, South Salt Lake
- Website: <https://www.midtownchc.org/directory/listing/south-salt-lake-city>

DENTAL

SLCC DENTAL HYGIENE CLINIC

Low-cost exams, cleaning, x-rays, fluoride. Other services provided. Appointments are preferred.

- Phone: 801-957-6001 (Monday-Thursday, 7:45am-11:45am and 12:45pm-4:45pm)
- Address: SLCC Jordan Campus 3491 West Wights Fort Rd. High Tech Learning Center, Rm. 133
- Website: <https://www.slcc.edu/dentalhygiene/dhc.aspx>

SALT LAKE DONATED DENTAL SERVICES

Urgent & emergency services, preventative & periodontal maintenance, restorative care, dentures, pediatric care. Printed proof of income eligibility required.

- Phone: 801-957-6001 (Monday-Thursday, 7:45am-11:45am and 12:45pm-4:45pm)
- Address: SLCC Jordan Campus 3491 West Wights Fort Rd. High Tech Learning Center, Rm. 133
- Website: <http://donateddental.org/>

OPTOMETRY

EYECARE4KIDS

Provides professional eye care to low-income, visually impaired children and underserved families.

- Phone: 801-285-5443 (Monday-Thursday, *8am-5pm; Friday 8am-12pm)
- Address: 6911 S State Street, Midvale
- Website: <https://eyecare4kids.org/>

FRIENDS FOR SIGHT

Provide a variety of eye screenings and may be able to provide free glasses.

- Phone: 801-524-2020 (Monday-Friday, 8am-3pm)
- Address: 6715 South 1300 East, Suite 250
- Website: <https://friendsforsight.org/>

AMERICA'S BEST: BRICKYARD

Case manager or organization needs to call and request a voucher for the client. After the appointment is set up, individuals can then go on their own and will receive a free eye exam and glasses.

- Phone: 801-907-9502
- Hours: Monday & Friday, 9am-7pm; Tuesday-Thursday, 8:30am-6:30pm; Saturday, 9am-6pm
- Address: 1140 Brickyard Road Suite 23

MENTAL HEALTH (24/7 HOTLINES, CRISIS SUPPORT, COUNSELING)

HOTLINES

NATIONAL SUICIDE & CRISIS HOTLINE – 24 HOUR

Callers connected to the crisis line receive specialized, individualized support from certified crisis workers trained in suicide prevention, de-escalation, and stabilization and get connected to mental health resources. Has an option to be directed to their

Veterans crisis line or a Spanish crisis line. They work closely with the Mobile Crisis Outreach Teams (MCOT) to provide in-person support and crisis intervention, if needed.

- Call or text 988 Website: <https://988lifeline.org>

HUNTSMAN MENTAL HEALTH INSTITUTE HOTLINE (FORMERLY UNI) – 24 HOUR

Speak with a certified crisis worker. The localized version of 988.

- Hotline: 801-587-3000
- Website: <https://healthcare.utah.edu/hmhi>

UTAH WARM LINE

Provide a listening ear to Utah residents dealing with personal struggles. Callers get connected to certified peer support specialists. Warm line works closely with Utah crisis line and MCOT.

- Hours: Every day, 8am-11pm
- Phone: 801-587-1055
- Website: <https://healthcare.utah.edu/hmhi/programs/crisis-diversion#utahwarmline>

CRISIS TEXT LINE

Help texters move from hot moments to a cool calm. They give resources -like a breathing GIF to help them slow down or links to find support nearby.

- Text: HOME to 741741
- Website: <https://www.crisistextline.org/>

SAFE UT – 24/7

Help texters move from hot moments to a cool calm. They give resources -like a breathing GIF to help them slow down or links to find support nearby. a crisis chat and tip line that provides real-time crisis intervention for anyone through live chat and a confidential tip line. Call or download to app to chat.

- Phone: 833-372-3388
- Website: <https://safeut.org/>

IN-PERSON CRISIS SUPPORT

MOBILE CRISIS OUTREACH TEAM (MCOT)

For Utah residents who are in crisis and having a mental health challenge. MCOT teams will provide in-person support via licensed clinicians and peer support specialists. "MCOT is there for you when you are feeling lost, alone, having a difficult time coping with life, or have concerns related to a loved one living with you. Our team will meet you where you're at."

- Call 988 to get connected to MCOT
- Call 801-583-2500 (when calling on behalf of someone else)
- Website: <https://healthcare.utah.edu/hmhi/programs/crisis-diversion>

INTERMOUNTAIN BEHAVIORAL HEALTH ACCESS CENTER – LDS HOSPITAL

Walk-in crisis center. Behavioral Health Access Centers operate similarly to an emergency room. They provide simple access to a medical screening exam and mental health evaluation. They can help someone for a variety of reasons including, but not limited to: depression, anxiety, suicidal thoughts, psychosis, mania, delusions, or substance use. You will get connected to a mental health clinician during the visit

- Phone: 801-408-8330 (Every day, 8am – 6pm)
- Address: 324 9th Avenue, Salt Lake City

- Website: <https://intermountainhealthcare.org/locations/location-details/lds-hospital/lds-hospital/intermountain-behavioral-health-access-center-lds-hospital/>

SALT LAKE BEHAVIORAL HEALTH

Provides in-patient and out-patient mental health services. Walk-ins welcome. Same day appointments available. Connect with someone over the phone 24/7.

- Phone: 801-264-6000 (call anytime, 24/7)
- Address: 3802 South 700 East, Salt Lake City
- Website: <https://saltlakebehavioralhealth.com>

COUNSELING

VALLEY BEHAVIORAL HEALTH

Provides adults, children, and families with individualized therapy, mental health services, and personalized treatment methods including mental health and behavioral treatment and therapy, substance use treatment, case management, homeless services, and supportive housing.

- Phone: 801-263-7100
- Contact a mental health specialist online: <https://valleycares.com/contact/>

VALLEY BEHAVIORAL HEALTH INTAKE LINE

Provides screening assessment, therapy, medication management, crisis intervention, and case management for those with mental illness, SUD, and behavioral health concerns.

- Phone: 888-949-4864 (Monday-Friday, 8am – 5pm)
 - Text: 385-474-8887
- Address: 4460 S Highland Drive Ste 310, SLC

VALLEY STOREFRONT

Provide drop-in services, laundry, showers, computer/internet access, clothes and hygiene, and other service referrals.

- Phone: 888-949-4864 (Monday-Friday, 9am – 5pm)
- Address: 550 W 700 S, SLC

SACRED CIRCLE

A health clinic that also provides support for mental and behavioral health treatment. Sacred Circle behavioral health professionals are available to assist with, but not limited to, the following conditions: ADHD, Alcohol, Anger, Anxiety, Depression, Fatigue, Grief/Loss, Marriage, PTSD, Sleep, Smoking, Stress, and Substance Use.

- Salt Lake City Location
 - Phone: 801-359-2256 (Monday-Friday, 8am – 6pm)
 - Address: 660 South 200 East, Suite 250 (Shuttle drops off at women’s resource center next to clinic)
 - Primary Care, Behavioral Health, Wellness Program, Dentistry, Physical Therapy, recovery Program, optometry, Podiatry, Dietary, Urology, Pain Management
- Pamela’s Place Location
 - Phone: 801-359-2256 (Monday – Friday, 8am-12pm; 1pm-5pm)
 - Address: 525 South 500 West, Salt Lake City
 - Primary Care, Behavioral Health
- West Valley Location
 - Phone: 801-359-2256 (Monday-Friday, 8am – 6pm)
 - Address: 3448 S 3200 W
 - Primary Care, Behavioral Health, Dentistry, Physical Therapy, Podiatry

- Website: <https://sacredcircle.com/>

CORNERSTONE COUNSELING

Offers programs and counseling for mental health, domestic violence, and substance use for adults, youth, and families.

- Call to make an appointment: 801-355-2846
- Address: 1875 S Redwood Rd, Salt Lake City
- Website: www.voaut.org/cornerstone

MENTAL HEALTH AMERICA, UTAH

Has a drop-in center where they offer group therapy, peer support, daily bus passes, activities, coffee, snacks, free phones/tablets, and assistance with food stamps, Medicaid, social security, ID vouchers, and more!

- Phone: 801-810-6522 (Monday – Friday, 9am to 5pm)
- Address: 150 S 600 E, Unit 3B, Salt Lake City
- Website: <https://arc.mhanational.org/user/peersempoweringpeersutah>

LATINO BEHAVIORAL HEALTH SERVICES

Raise awareness and provide services for the Latino population for youth, family, and adults. They offer peer support, therapy, groups, classes, and presentations.

- Phone: 801-935-4447 (Monday-Friday, 10am-6pm; Saturday, 10am-2pm)
- Address: 3269 S Main St Suite 230, Salt Lake City, UT 84115
- Website: <https://latinobehavioral.org/>

NATIONAL ALLIANCE ON MENTAL ILLNESS UTAH (NAMI)

Offer free support groups and education for anyone impacted by mental health conditions throughout Utah – including those with mental health conditions and their family members or loved ones. Our popular programs, in English and Spanish, educate and support participants, helping them realize they are not alone, recovery is possible, and treatment works. Resources online or in person are at no cost.

- Phone: 801-323-9900 or 877-230-6264
- Mentor Helpline available Monday-Friday, 9am-4:15pm
- Address: 1600 W 2200 S, West Valley City
- Website: <https://www.namiut.org/>

FAMILY SERVICES

Formerly LDS Family Services, offers marital and family counseling, addiction and drug dependency counseling, general psychotherapy, counseling, and other services to women or girls experiencing unintended pregnancy.

- Phone: 801-804-6775 (Tuesday-Thursday, 9am-9pm; Monday and Friday, 9am-5pm)
- Address: 625 E 8400 S, Sandy
- Website: <https://providentliving.churchofjesuschrist.org>

HUNTSMAN MENTAL HEALTH INSTITUTE

Offer addiction/substance use recovery, community crisis intervention and support services, comprehensive assessment and treatment, day treatment, geriatric psychiatry, inpatient hospital, prenatal/maternal mental health, neurobehavior HOME, outpatient, psychiatry consult clinic, and more.

- Phone: 801-583-2500 or 801-213-9500
- Address: 501 Chipeta Way, Salt Lake City
- Website: <https://healthcare.utah.edu/hmhi>

HIGHLAND RIDGE HOSPITAL

Specialize in treatment of individuals who struggle with substance abuse and mental health issues.

- Phone: 877-763-2213
- Address: 7309 S 180 W, Midvale
- Website: <https://www.highlandridgehospital.com/>

THE PHOENIX RECOVERY CENTER

Medicare, Medicaid, and counseling and rehab services that include family counseling, addiction recovery, inpatient care, long-term residential, maintenance medications, medical screenings, outpatient mental health visits, and more.

- Phone: 801-438-3185
- Address: 489 West South Jordan Parkway Suite 400
- Website: <https://www.thephoenixrc.com/>

SOUTH POINT COUNSELING SERVICES

Outpatient program provides mental and behavioral health services for adults, children, and families. Along with therapy, they offer psychological testing, group therapy, medication management, substance abuse assessments, domestic violence assessments, and court-ordered classes.

- Phone: 801-302-3801 (Monday-Friday, 8am-9pm; Saturday, 9am-6pm)
- Address: 1206 W South Jordan Parkway Suite D, South Jordan
- Website: <https://www.southpointcs.com/>

PATH BEHAVIORAL HEALTHCARE

Behavioral assessments, therapy, case management, medication management, medication assessment and work with Medicaid, treat a wide variety of ages and conditions, check for different available hours.

- Phone: 801-657-5921 (Monday-Friday, 9am-5pm)
- Address: 62 E 2700 S
- Website: <https://pathihc.com/>

PROJECT CONNECTION

Nonprofit mental health organization serving Salt Lake County residents. Focused on connection and tools to build long-term resilience. Clients are not just learning coping skills; they are building a social foundation that can contribute to sustained well-being.

- Phone: 385-441-4900
- Address: 2655 S. Lake Erie Drive, Suite B, West Valley City, UT 84120
- Website: <https://www.projectconnection.co/>

FAMILY COUNSELING CENTER

Operated by Volunteers of America, they offer a wide variety of counseling services including behavioral, dv, grief and loss, substance use, lgbtq+, sexual addiction, and more.

- Phone: 801-261-3500 (Monday-Thursday, 9am-7pm; Friday, 9am-5pm)
- Address: 650 E 4500 S #300
- Website: <https://www.familycounselingcenterutah.com/>

HOPEFUL BEGINNINGS

Provides interventions, group therapy, med management, day treatment, crisis management, school-based mental health, and respite to help parents prevent burn out. Bill Medicaid and other insurances.

- Phone: 801-979-1351 (Monday-Friday, 8am-5pm)
 - Crisis Line: 801-216-3193
- Address: 3280 W 3500 S, STE E, West Valley City
- Website: <https://www.hopefulbeginnings.net/>

OVERT FOUNDATION

Subsidize mental, emotional, & relational wellness programs and provide case specialist support for those that cannot afford it. 100% volunteer nonprofit organization that subsidizes the first 8 sessions of therapy. Must qualify, most therapy done remote, but some availability in person. Create an account and apply online.

- Website: <https://overtfoundation.org/>

SUBSTANCE USE RESOURCES (DETOX & TREATMENT CENTERS)

SAMHSA NATIONAL HELPLINE – 24/7 HOTLINE

SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

- Call 1-800-662-4357
- Website: <https://www.samhsa.gov/find-help/national-helpline>

UTAH DETOX CENTERS FOR DRUG AND ALCOHOL ADDICTION

The Detox.com helpline is free, private, and confidential. There is no obligation to enter treatment. The 24/7 hotline can help find a treatment center in Utah for clients.

- Phone: 800-483-2193
- Website: <https://www.detox.com/>

UTAH SUPPORT ADVOCATES FOR RECOVERY AWARENESS – USARA

Offers peer recovery support delivered by peer recovery coaches and support groups for family members or friends concerned about someone close to them.

- Phone: 385-210-0320 (Monday – Friday, 9am – 5pm)
- General information or to connect with a peer recovery coach Phone or text: 385-528-1300
- Family support, you will receive a response within 24 hours
- Address: 180 East 2100 South, #100, Salt Lake City
- Website: www.myusara.com
 - Information on their in-person and online meetings

FIRST STEP HOUSE

Provides various services for individuals seeking substance use treatment, including, but not limited to: residential treatment, outpatient treatment, employment preparation and placement program, and peer support services.

- Phone: 801-359-8862 ext.2129
- Address: 440 South 500 East, Salt Lake City
- First Step Peer Support specialists on-site at GMRC and MRC for current shelter guests. Talk to Case management.
- Website: <https://firststephouse.org/>

ODYSSEY HOUSE

Low-cost or free treatment for individuals seeking substance use treatment. Services include residential and outpatient treatment.

- Phone: 801-322-3222 (Monday – Friday, 9am – 12pm; walk-ins for treatment available)
- Address Main: 344 East 100 South, Salt Lake City
- Website: <https://www.odysseyhouse.org/>

MEN'S ADULT DETOXIFICATION CENTER – VOLUNTEERS OF AMERICA, UTAH

Clients, 18 years and older, are able to stay at our facility for 30 days and will receive 3 meals a day, case management services, access to Medication Assisted Treatment, Seeking Safety groups, peer support meetings, and 12 Step meetings. Qualifying clients who are interested in treatment for substance use disorder will be able to receive an assessment to determine the level of treatment required and a referral into that level of treatment.

- Phone: 801-363-9400
- Address: 1875 S Redwood Road
- Website: <https://www.voaut.org/mens-detoxification-center>

CENTER FOR WOMEN AND CHILDREN – VOLUNTEERS OF AMERICA, UTAH

Volunteers of America, Utah's Center for Women and Children provides a 30 bed, social model residential detoxification center for homeless women and children.

Phone: 801-261-9177

697 West 4170 South, Murray, UT

Website: <https://www.voaut.org/cwc>

7TH STREET TREATMENT

Offer residential and day treatment, intensive outpatient, individual therapy, 12-step program, and relapse prevention.

- Phone: 385-261-2070 (Monday – Friday, 9am – 5pm)
- Address: 2487 S 700 E
- Website: <https://7treatment.org/>

HOUSE OF HOPE

Provide treatment for women and mothers with substance use disorders through residential, outpatient, and day treatment.

- Phone: 801-487-3276
- Address: 857 E 200 S
- Website: <https://houseofhopeut.org/>

TURNING POINT CENTERS

Offer comprehensive inpatient and outpatient treatment to adults struggling with addiction, mental health illness, and co-occurring disorders.

- Phone: 801-576-0745 or 888-673-8684
- Address: Several Locations
- Website: <https://turningpointcenters.com/>

SOBRIETY FOUNDATION

Offer support to those in the community facing substance use issues who don't have the financial means to cover the cost of sober living and are not assisted by public funding.

- Phone: 801-871-5843

- Website: sobrietyfoundation.org

WHITE TREE MEDICAL

Offer outpatient medical detox, case management and long-term care for substance and alcohol use. White Tree Medical is a fully certified Suboxone/Subutex medical care center. The work with some Medicare and Medicaid plans. Same day appointments are available.

- Phone: 801-503-9211
- Hours of Operation: Friday – Wednesday, 9am-5pm; Thursday, 9am-7pm
- Address: 10437 S Jordan Gateway, South Jordan
- Website: <https://whitetreemmedical.com/>

DE NOVO

Offer therapy, counseling, and substance and alcohol use treatment. They accept and bill Salt Lake County for ATR (Access To Recovery) vouchers. The work with some Medicare and Medicaid plans. Offer methadone maintenance treatment.

- <https://denovoservices.org/>

COMPREHENSIVE TREATMENT CENTER IN TAYLORSVILLE

Patients will work with a counselor on assessments and a treatment plan. Need to attend group counseling and bi-weekly check-ins with the assigned counselor. Offer Methadone or Suboxone, depending on what is appropriate for the patient. Must self-pay (\$105 weekly) or be enrolled in Medicaid.

AMERICAN ADDICTION CENTERS LOCATION FINDER

Online search to find treatment centers and support that fit client's needs.

NARCOTICS ANONYMOUS LOCATION FINDER

- <https://www.narcotics.com/na-meetings/utah/salt-lake-city/>

NARCOTICS ANONYMOUS LOCATION FINDER

- <https://www.saltlakeaa.org/meetings/>

TRANSPORTATION

UTAH TRANSIT AUTHORITY (UTA)

- Free Fare Zone
 - Ride UTA TRAX or Bus for free if you enter and exit within the boundaries of approximately 500 S to N. Temple and 400 W to 200 E. and around the State Capitol. TRAX stations include Courthouse Station, Gallivan Plaza Station, City Center Station, Temple Square Station, Arena Station, Library Station, Old Greek town Station, and Salt Lake Central Station.
- Horizon Monthly Pass, and Reduced Fare Card
 - Must qualify-contact DWS or UTA
- Phone: 801-743-3882
- Website: <https://www.rideuta.com/Fares-And-Passes/Reduced-Fare>

RIDE UNITED

United Way

Offers free Lyft rides to help access work, healthcare, healthy food, benefits, etc. Immediate transportation may be available, but advanced notice is preferred.

- Phone: 211
- Website: <https://www.unitedway.org/our-impact/featured-programs/2-1-1/ride-united#>

HIVE PASS

Available to residents within Salt Lake City boundaries. It is \$42 per month and gives access to regular buses, TRAX, and S-Line streetcar. Hive passes now include GREENbike membership for free. Must have ID and proof of SLC residency.

- Hours: Monday-Friday, 8:30am-4:30pm
- Address: 4541 S State Street RM 225 Phone: 801-596-7433
- Website: <http://www.ridewithhive.com/>

NON-EMERGENCY MEDICAL TRANSPORTATION

Transportation for those with Traditional Medicaid who qualify. Can use Para-transit, FlexTrans, Dial-A-Ride, ModivCare Services. Call to see if you qualify.

- Health Program Representative: 1-844-283-3091
- Department of Work Force Services: 1-866-435-7414
- Utah Medicaid: 801-538-6155
- Website: <https://mybenefits.utah.gov/>

CARS THAT CARE

Cars That Care is a non-profit organization that works hard to provide cars for single mothers and needy families. Application must be filled out completely. Needs will be filled as possible, you will be notified if they can help you.

- Address: 423 N 800 W, West Bountiful, UT
- Phone: 801-294-4060
- Website: <https://www.carsthatcare.net/>

VEHICLE REPAIR AND REPLACEMENT ASSISTANCE PROGRAM

The Vehicle Repair and Replacement Assistance Program (VRRAP), through the Salt Lake County Health Department, provides financial assistance to low-income owners of vehicles that fail an emission test. Through VRRAP, qualifying low-income individuals will be offered financial assistance to either repair the vehicle (if model year 2004 or newer) or replace it with a newer, cleaner vehicle (if model year 2003 or older). Check Website for application and requirements.

- Phone: 385-468-4100
- Website: <https://slco.org/health/air-quality/vehicle-emissions/vrrap/>

VETERAN SERVICES (SSVF & VA CONTACTS)

SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF) – THE ROAD HOME

Works to ensure that any veteran experiencing homelessness in Salt Lake County is engaged and has access to housing resources. The Road Home partners with the U.S. Department of Veterans Affairs and other community partners to end veteran homelessness across Salt Lake County.

- Veteran Outreach Phone: 801-793-5043
- SSVF Email: veterans@theroadhome.org

VETERAN AFFAIRS (VA) – SALT LAKE CITY REGIONAL OFFICE

- Phone: 800-827-1000 (Monday – Friday: 8:30am – 4pm)
- Address: 550 South Foothill Drive, Salt Lake City
- Website: <https://www.benefits.va.gov/ROSALTLAKECITY/services-offered.asp>

VA MEDICAL CENTER

Provides comprehensive medical care for eligible veterans; including: primary care, dentistry, surgery, psychiatry, rehabilitation, neurology, oncology.

- Phone #: 801-582-1565 (Monday – Friday, 8am – 4:30pm) ER 24/7
- Address: 500 South Foothill Drive, SLC
- Website: <https://www.va.gov/salt-lake-city-health-care/>

VA VALOR HOUSE

First Step provides housing and supportive services for Veterans experiencing homelessness.

- Address for Admissions: 434 S 500 E, SLC Phone General Inquiries: 801-359-8862
- Phone Homeless Outreach Team: 801-582-1565 ext. 2746
- Phone VA Homeless Program: 801-746-5561 ext. 6319
- Address: 720 Valdez Drive, SLC
- Website: <https://firststephouse.org/programs/valor-house/>

NATIONAL CALL CENTER FOR HOMELESS VETERANS

Do not need to have VA medical benefits to qualify for housing benefits.

- Phone: 877-424-3838
- Website: <https://www.va.gov/homeless/nationalcallcenter.asp>

VITAL DOCUMENTS (WEIGAND CENTER, CROSSROADS URBAN & HRCS)

WEIGAND HOMELESS RESOURCE CENTER – CATHOLIC COMMUNITY SERVICES

Serves adults (ages 18+) experiencing homelessness and provides on-site resources: case management, vital document assistance, showers, laundry, computer lab, hygiene supplies, storage, DWS eligibility and employment, Utah Community Action, and justice court. Lunch and dinner served daily at St. Vincent de Paul Dining Hall located across the courtyard.

- Phone: 801-363-7710
- Vital Doc Assistance: Monday – Thursdays, 9-11am & 1-3:30pm with the client advocate
 - Center Hours: Daily from 7am – 7pm. Closed on holidays
- 437 West 200 South, Salt Lake City, UT 84101 (shuttle drops off to this location daily)
- Website: <https://ccsutah.org/programs/item/9-weigand-resource-center>

CROSSROADS URBAN CENTER

Provides food boxes and/or sack lunches to individuals who are experiencing food insecurity as well as gas vouchers and vital document assistance (fee waivers).

- Phone: 801-364-7765 (Monday-Friday: 9am – 5pm)
- Address: 347 South 400 East, Salt Lake City
- Website: <https://www.crossroadsurbancenter.org/>

SALVATION ARMY

Can issue ID vouchers.

- Phone: 801-988-4204 (Monday-Friday: 9am – 12pm, 1pm-4pm)
- Address: 438 South 900 West, Salt Lake City
- Website: <https://saltlakecity.salvationarmy.org>

HOMELESS RESOURCE CENTERS

The case management teams at the Gail Miller Resource Center, Pamela Atkinson Men’s Resource Center, Geraldine E. King Resource Center, and Midvale Family Resource Center can assist current guests with obtaining social security cards, birth certificates, and state IDs.

MENTAL HEALTH AMERICA, UTAH

Has a drop-in center where they offer group therapy, peer support, daily bus passes, activities, coffee, snacks, free phones/tablets, and assistance with food stamps, Medicaid, social security, ID vouchers, and more!

- Phone: 801-810-6522 (Monday – Friday, 9am to 5pm)
- Address: 1659 West North Temple (in the old Ramada hotel)
- Website: <https://arc.mhanational.org/user/peersempoweringpeersutah>

YOUTH RESOURCES (SHELTER, EMPLOYMENT, EDUCATION, COMMUNITY PARTICIPATION)

HOMELESS YOUTH WALK-IN PROGRAM

Salt Lake County Youth Services provides emergency shelter, food and hygiene services, crisis counseling, and voluntary case management to youth up to 17.

- Phone: 385-468-4500 (24/7)
- Address: 177 W Price Ave. (3610 S)
- Website: <https://slco.org/youth/programs/juvenile-receiving-center/homeless-youth-walk-in/>

YOUTH RESOURCE CENTER – VOLUNTEERS OF AMERICA, UTAH

Serves homeless and at-risk youth, ages 15-22. Operates as a day shelter from 8:30am – 7:30pm, and then as a 30-bed overnight shelter after 7:30pm. Provides three hot meals a day, food pantry, showers, laundry, life-skill groups, housing and employment case management, dental and medical care assistance, and on-site mental health services. Bed reservation not required to receive services – all homeless and at-risk youth are invited to access services from 8:30am – 7:30pm.

- Front Desk Phone: 801-364-0744
- Address: 888 South 400 West, Salt Lake City, UT 84101
- Website: <https://www.voaut.org/lyrc>

MILESTONE TRANSITIONAL LIVING PROGRAM

Salt Lake County Youth Services provides services to young adults 18-21 experiencing homelessness. They offer referral services for housing assistance, supporting community connections, life skill workshops, job training skills, and connections to higher education.

- Phone: 801-518-0292
- Website: <https://slco.org/youth/programs/milestone-transitional-living-program/>

YESS PROGRAM

The Youth Empowered Solutions to Succeed Program (YESS) improves the emotional and behavioral health functioning of youth and young adults, ages 16-25, struggling with mental illness and housing instability through providing clinical services, care management and peer support to increase successful transitions to self-sufficiency in adulthood.

- Address: 888 S 400 W (Monday – Friday, 9am-5pm)
- Phone: 385-799-5976 EXT 171
- Contact YESSprogram@voaut.org
- Website: <https://www.voaut.org/yess>

HARTLAND PARTNERSHIP CENTER

The Hartland Youth Center is open for after school and summer programming. Programming is free of charge and registration is required for each participant.

- Phone: 801-213-8550
- Address: 1578 W 1700 S, SLC
- Website: <https://partners.utah.edu/about-unp/hartland-partnership-center/>

NATIONAL TEEN DATING ABUSE

- Hotline: 866-331-9474
- Text "loveis" to 22522
- Chat online: loveisrespect.org
- Website: <https://youth.gov/federal-links/national-teen-dating-abuse-helpline>

SAFE PLACE PROGRAM

Safe places are for youth up to 18 that need help or a safe space. They are spread throughout Salt Lake County and have a yellow "Safe Place" sign. Employees are trained to call Salt Lake County Youth Services.

- Text "SAFE" and your current location (city and zip code) to 4HELP (44357)
- Website: <https://slco.org/youth/programs/safe-place-program/>

DIVISION OF CHILD AND FAMILY SERVICES (DCFS)

If you suspect child abuse or neglect call the Utah Department of Health and Human Services Child and Family Services. Reports can be anonymous.

- Phone: 1-855-323-3237
- Address: 195 N 1950 W
- Website: <https://dcfs.utah.gov/>

INDIAN TRAINING EDUCATION CENTER

Youth Club for 9th -12th graders at least 14 years old. Provide bus passes, allowance for clothes each school year, computer lab, homework assistance, and assistance with school fees. Must have proof of Native decent.

- Phone: 801-973-6484 (Monday-Thursday, 7:30am-6pm; Friday 7:30am-3:30pm)
- Address: 1455 W 2200 S, Suite 200, West Valley City
- Website: <https://itecutah.org/>

DEPARTMENT OF WORKFORCE SERVICES

Workforce Innovation and Opportunity act is for youth 14-24, career and education services, career counseling, trade and apprenticeship programs, financial aid.

- DWS Metro Office
 - Hours: Monday – Friday, 8am – 5pm
 - Address: 720 South 200 East, Salt Lake City
 - Phone: 801-526-0950
- DWS South County (Taylorsville) Center Hours: Monday – Friday, 8am – 5pm
 - Address: 5735 S Redwood Road
 - Phone: 801-526-0950
- Website: <https://jobs.utah.gov/edo/statecouncil/wioa.html>

ALATEEN

Alateen is a fellowship of young Al-Anon members, usually teenagers, whose lives have been affected by someone else's drinking. Alateen groups are sponsored by Al-Anon members who help the group stay on track. Call the number to ensure times and location.

- Phone: 801-262-9587 (Second and fourth Thursday of each month, 6pm)
- Address: 5056 South 300 West Murray
- Website: <https://utah-alanon.org/>

BIG BROTHERS BIG SISTERS OF UTAH

Offers mentors for youth to 18 to help them grow in self confidence. Apply to be a Big, (mentor), to others. everyone is life-qualified to listen, share, and do fun things. And it may take even less time than you think! If you become a consistent, genuine and trusted Big, your impact will go far beyond what you expect.

- Phone: 801-313-0303 (Monday-Friday, 9am-5pm)
- Address: 2121 S. State Street, Suite 201
- Website: <https://bbbsu.org/>

BOYS & GIRLS CLUBS OF GREATER SALT LAKE

Provide academic remediation, social-emotional learning lessons, healthy meals, and more for PreK to 12th grade. Call or check website for hours and locations.

- Phone: 801-322-4411
- <https://www.gslclubs.org/>

UTAH JUVENILE DELINQUENCY RECORD EXPUNGEMENT

Forms and information to seal juvenile records. Contact Utah Courts by phone or online for further help.

- Phone: 801-578-3857
- Website: <https://www.utcourts.gov/en/self-help/case-categories/criminal-justice/juvenile.html>

HIGH-FIDELITY WRAPAROUND (HFW)

HFW is an evidence-based approach to family-driven, team based, collaborative planning for developing and implementing individualized care plans for children and youth with significant mental illness, emotional disturbance and/or behavioral disorders.

- Phone: 801-538-4171
- Website: <https://hs.utah.gov/soc-about>

YOUTH WORKS

YouthWorks is a community-based program that assists youth ages 14-18 in a pre-employment training and life skills building environment. While youth learn these skills and give back to the community, they earn a bi-weekly stipend of \$200, and get guidance on how to handle their first paycheck, establishing good money habits from day one.

- Phone: 801-539-1590
- Address: 622 W 500 N, SLC
- Website: <https://www.nwsaltlake.org/youthworks>

NATIONAL RUNAWAY SAFELINE

Can connect with a trusted, compassionate person who will listen and help you create a plan to address concerns for someone wanting to or running away.

- Phone: 1-800-786-2929
- Website: <https://www.1800runaway.org/>
 - Chat feature available online

ADDITIONAL RESOURCES (HARM REDUCTION, CHILD CARE, GAINING SERVICES, AND MORE)

JEWISH FAMILY SERVICES

Offer many services including caregiver support group, counseling, safety net program, mind body skills group, parent support, and more.

- Hours: Monday-Thursday, 9am-5pm; Friday, 9am-4pm
- Address: 495 E 4500 S, Suite 100
- Phone: 801-746-4334
- Website: <https://www.jfsutah.org/>

WELFARE SQUARE

Offer a variety of services including Bishop's Storehouse food order, clothes and household items, employment resources, and more.

- Phone Main: 801-240-3001
- Bishop's Storehouse: 801-240-7320
- Address: 751 W 700 S
- Website: <https://www.churchofjesuschrist.org/learn/welfare-square?lang=eng>

TAKE CARE UTAH

Program to help Utahans access health insurance coverage and navigate the healthcare system. They provide application assistance in multiple languages for Medicaid, CHIP, or Marketplace. Conduct case management, guide in selecting health plans, providing insurance literacy education after enrolment to ensure benefits can be accessed, and provide ongoing assistance with renewals or reviews to maintain coverage.

- Address: 2369 W Orton Circle, Suite 20, WVC Phone: 801-433-2299
- Online Application: Takecareutah.org